

2024 Maine APTA Annual Conference

October 26th

8am – 4:30 pm

University of New England
716 Stevens Ave
Proctor Hall 306
Portland, Me. 04103

**Approximately 5 contact hours awarded
Continental breakfast and lunch included.**

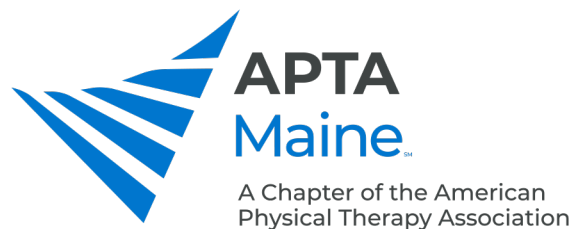
Schedule

Time Slot	Neurological Track
	Title: Evidence-Informed, Practical Neurologic Physical Therapy Through the Continuum of Care: Stroke and Spinal Cord Injury
8:00-8:30	Registration
8:30-9:50	KEYNOTE: Gwen Simons “The Evolution of Physical Therapy in Maine: Trends, Survival and a Future Outlook”
10:00-11:30	<u>Lecture</u> : Discuss the progression of patients with various neurologic impairments through acute care and inpatient rehab settings
11:40-12:30	<u>Lab</u> : Demonstrate the appropriate handling techniques for individuals with high levels of debility and considerations for complex seating and durable medical equipment
12:30-1:30	Lunch
1:30-3:00	<u>Lecture</u> : Discuss the progression of patients with various neurologic impairments through home health and outpatient physical therapy
3:10-4:00	<u>Lab</u> : Apply the tenants of high intensity gait and balance training to the home and outpatient settings
4:00-4:30	CLOSING REMARKS

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Time Slot	Student Track Choosing a Job with a Culture of Education, Hand Therapy OR The Climate and Global Health, Residencies Fellowships and Specialization Panel, Equestrian/Hippotherapy, International Hot Topics in PT, Financial Planning
8:00-8:30	Registration
8:30-9:50	KEYNOTE: Gwen Simons “The Evolution of Physical Therapy in Maine: Trends, Survival and a Future Outlook”
10:00-10:40	Choosing a Job with a Culture of Education
10:50-11:30	Physical Therapy in the Emergency Room
11:40-12:20	Residencies, Fellowships, and Specialization Panel Marissa Lyon (Moderator)
12:30-1:30	Lunch
1:30-2:30	Student SIG Meeting and PT/PTA discussion Roger Herr- Message to students
2:30-4:00	May Choose to join either Ortho or Neuro Track
4:00-4:30	CLOSING REMARKS



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Time Slot	Ortho Track Title: Evidence-Informed Practice in Orthopedic Physical Therapy: Pelvic Girdle Pain, Low Back Pain, and Neck Pain
8:00-8:30	Registration
8:30-9:50	KEYNOTE: Gwen Simons “The Evolution of Physical Therapy in Maine: Trends, Survival and a Future Outlook”
10:00-11:30	Low Back Pain (2021)
11:40-12:30	Neck Pain (2017)
12:30-1:30	Lunch
1:30-4:00	Pelvic Girdle Pain (Antepartum 2017 and Postpartum 2022)
4:00-4:30	CLOSING REMARKS

